

Abuse does not stop at the gate.

Domestic abuse and sexual violence can be hidden in rural, farming
and equestrian communities.

ISOLATION

Distance, transport and a community where everyone
knows everyone can make help harder to reach.

ANIMALS

Horses, pets and livestock can be threatened, hurt or
withheld as a way of keeping control.

LIVELIHOOD

Land, tied housing, money and the family business can
make leaving complicated.

FAMILY AND AGE

Abuse may come from a partner, an ex-partner or another
family member, including in later life.

You do not have to be ready to leave to ask for information.



Scan for information and support routes
thebridlepath.co.uk

Safe enquiries, information and signposting to
specialist services.

What we do

A specialist domestic abuse and sexual violence service for rural, farming and equestrian communities, built by people who know them from the inside.



Safe enquiries and signposting

We listen to what you are asking, share information that fits rural and equestrian life, and help you find the right specialist service.

Professional training

Training and briefings for equestrian, farming, rural and safeguarding professionals on recognising hidden abuse and responding safely.

Research and systems change

Building the evidence, improving practice and challenging the gaps that leave rural, equestrian and older survivors unseen.

Partnership work

Working with policing, safeguarding, veterinary, equestrian and rural organisations, and alongside The Katie Trust on family voice, missed opportunities and learning from serious harm.

WHAT IS AVAILABLE NOW

Safe enquiries, information, specialist signposting, professional training, research and partnership work. Direct casework, crisis response and recovery programmes are not yet open.



Support our work

Scan to donate. Every gift helps us reach the survivors that standard services miss, because support should not stop at the farm gate.

enquiries@thebridlepath.co.uk · thebridlepath.co.uk