

Abuse can hide behind stable doors and farm gates.

Domestic abuse and sexual violence can look different in rural, farming and equestrian communities, and they are easier to miss.

ISOLATION

Distance, no transport and a community where everyone knows everyone can make it hard to tell anyone.

ANIMALS

Horses, pets and livestock can be threatened, hurt or withheld as a way of keeping control.

LAND AND LIVELIHOOD

Tied housing, the farm, the family business and shared money can make leaving feel impossible.

LATER LIFE AND FAMILY

The person causing harm may be a partner or ex-partner, or another family member, including an adult child.

You do not need proof, and you do not need to be ready to leave, to ask for information.



Scan for
information
and support routes

thebridlepath.co.uk

Safe enquiries, information
and signposting.



Support our work

Scan to donate. Support
should not stop at the farm
gate.